

Client success story

Virtual care helps ease the cost of care for educators



Industry: K-12 education

Employees: 1,300

Virtual Care Offering:
HealthiestYou

“

HealthiestYou acts as our first line of defense, followed by our primary care providers then urgent care, and finally emergency care. Our goal is for employees to keep money in their pockets

- Rhonda Dillard, Assistant Superintendent of Human Resources, Frenship ISD

Summary

The Frenship Independent School District (ISD) has a mission to educate and develop all students by providing a foundation to empower them to reach their maximum potential and realize their opportunities of choice. But a strong education starts with a strong workforce. Frenship ISD sees the faculty and staff as its most important resource for success and wants to make sure it provides the best benefits possible. The district has enjoyed the benefits of the HealthiestYou program for more than 12 years and has seen how the virtual care solution helps meet a lot of its employees' health needs without additional costs.

Challenge

As health costs continue to rise, many small employers are faced with high-deductible health plans as the only cost-effective option for their staff. But because virtual healthcare programs like HealthiestYou offer many of the same services as traditional office visits, they can help staff members and their families avoid unnecessary care costs. Frenship ISD made sure its employees knew how to use HealthiestYou to its full potential and was happy to see both high engagement rates and increased claims savings.

Approach

- 24/7 services give busy faculty and staff members access to care when schedules allow
- Economic alternatives help mitigate high costs of traditional healthcare
- Real-time clinical feedback, within minutes when needed, helps members stay on track with health goals
- Robust, convenient mental health services help staff nurture well-being on their terms



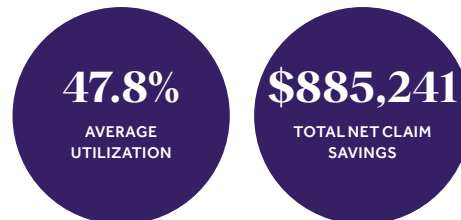
Program highlight: Proactive wellness helps set members up for success

Frenship ISD knows that real health starts with well-being and therefore invests in a robust employee wellness program. But to see improved health outcomes, they need engagement. The Frenship staff dedicates significant time throughout the year at all its campuses and corporate sites to promoting the wellness program. The result is a 98% participation rate. "We do enjoy and appreciate the services that you all provide our employees, and you can tell by our utilization that they use it," says Rhonda Dillard of Frenship ISD.

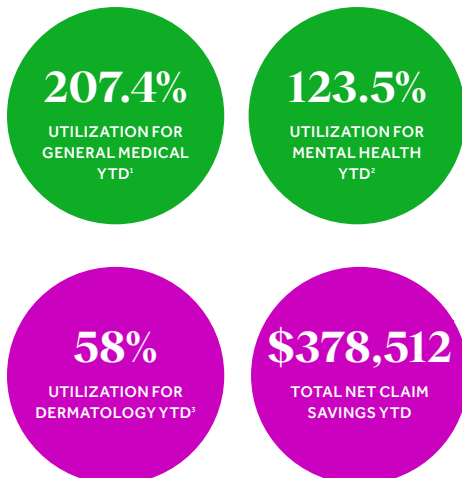
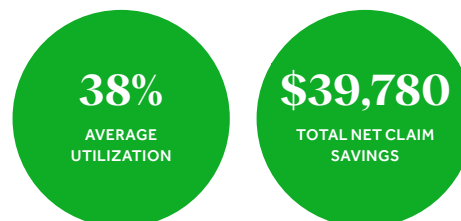
Results

Total claims savings for school districts with HealthiestYou (January 2022 – December 2022)

General medical:



Mental Health:



¹September 2022

²bid.

³bid.

LEARN MORE: TeladocHealth.com | engage@teladocohealth.com

About Teladoc Health: Teladoc Health is empowering all people everywhere to live healthier lives by transforming the healthcare experience. Recognized as the world leader in whole-person virtual care, Teladoc Health leverages clinical expertise, advanced technology and actionable data insights to meet the evolving needs of consumers and healthcare professionals.

